Deep Infiltrating Endometriosis Ultrasound

Patient Information Sheet

Thank you for booking your ultrasound appointment at Monash Ultrasound for Women. Please allow at least one (1) hour for this appointment.

Please arrive 15 minutes prior to your scan time. This will provide enough time to register you at reception. If you are running late, please call us as your appointment may need to be rescheduled.

Please forward your referral to the clinic at the time of your booking.

Preparation

Please be advised that the preparation is not uncomfortable or painful.

For optimum results, the rectum should not contain gas as it will distort the ultrasound images. It is therefore important that you do some preparation the night before the scan as well as an enema within 1-2 hours prior to the scan.

Please take a stool softener the night before. Dulcolax SP (fluid solution) or one 5mg Dulcolax tablet the night before are suitable options. This is a mild laxative that will make it easy for you to go to the toilet the next morning.

AND

Then, 1 to 2 hours before the procedure, please complete an enema. Microlax 5ml (4 pack) OR Fleet Enema 133ml liquid are both suitable options. Please refer to the specific instructions on the enema product.

These medications can be obtained over the counter from a chemist and do not require a prescription.

On the day of your scan

Please bring with you:
- The original referral from your doctor
- Your Medicare Card
- Any previous scans or reports relating to this ultrasound (if completed elsewhere)

You can eat and drink on the day of the ultrasound but do not eat after the enema. The scan is performed as an internal ultrasound (transvaginal). If this approach is not appropriate for you, please speak to the booking team at the time of making the appointment as you may require alternate preparation instructions.

A comprehensive report will be sent to your doctor within 48 hours.

If you have any questions, please contact our team on 1300 284 599.